## ACCESS CRISIS CONNECTIONS

1. Open a browser, such as Google Chrome, Firefox, or Edge.



2. In the search bar at the top, type "Crisis Connections".



Get Help	Get Involved	Get Training	News/Events	Contact	Donate

5. For help finding resources, click on **Basic Needs** under one of the columns (For Yourself, For Someone You Love, For a Client or Patient).



6. Click **Search Find resources online 24/7** on the bottom left of the page. This will take you to the King County 211 database.





## ACCESS CRISIS CONNECTIONS

Crisis Connections offers other methods for requesting help.



If you want to request help by email or chat, click on the icon.

7. If you are looking for support, click on the resource category that reflects your needs.

24-Hr Crisis Line: 866-427-4747				All Programs	<ul> <li>Select Language</li> </ul>	Q Search	
Crisis connections support - resources - training formerly known as crisis clinic		Get Help	Get Involved	Get Training	News/Events	Contact	Donate
	Get Help > Community Resources Online						
	Community Resources O	nline					
	2-1-1 Community Resources Online (CRO) is the most up-to-da for all of Washington State. The King County 2-1-1 section belo	te and comprehe w draws from mo	nsive database of pre than 5,000 serv	health and human se vices and 1,500 agenc	rvices available ies.		
	Select a Resource Category			View All Resources	>		
	🕯 Disabilities	Assistive Tec	hnology	View Resources			
	n Domestic Violence	Children's Services Employment		View Resources			
	🖻 Education						
	Employment	Financial Sup	oport	View Resources			,
Crisis concerts build the second of the second concerts where a crisis chart		Get Help	Get Involved	Get Training	News/Events	Contact	Donate
	Select a Resource Category			View All Resources	>		
	<b>ố</b> Disabilities	Senior Meals		View Resources			
	Source 20 Domestic Violence	Food Pantries/Food Banks		View Resources			
	🚔 Education	Free Meals		View Resources	)		
	Employment			$\smile$			
	Financial Assistance / Education						
	1 Food						
	THealth Care						
	🗇 Personal & Household Items						

For example, the Food category gives links for information on Senior Meals, Food Pantries/Food Banks, and Free Meals.

8. Click view resources for the appropriate category.

9. Narrow your search by entering a category, zip code, or agency/program name. Click **Search** at the bottom of the page.



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